

Bachelor's Degree in Exercise Science



The B.S. degree in exercise science, with concentrations of fitness professional and pre-health professions, provides a foundation for health and wellness related fields. The fitness professional concentration provides a background in athletic training, exercise testing, and strength and conditioning. The pre-health profession concentration prepares students to pursue advanced programs in health-aligned professions such as physical therapy, nursing, occupational therapy, chiropractor and physician assistant.

The B.S. degree in exercise science offers two tracks

Fitness Professional: 57-61 credits

Pre-health Professions: 61-62 credits

A minimum of 15 credits in advanced courses must be completed in the Department of Health and Nutrition at Brooklyn College with a grade of C or higher in each course.

If you're interested in the pre-health professions track, the Brooklyn College Pre-health Professions Advisement office provides a wide range of services, including advisement and pre-health program information:

<https://www.brooklyn.cuny.edu/web/academics/special-programs/prehealth.php>

Assigned Advisors

Professor Cai (ppcai@brooklyn.cuny.edu)

- Deputy Chair for Exercise Science Program
- Pre-Health Professionals Advisor to Last Names: A-L

Professor Geraghty (BGeraghty@brooklyn.cuny.edu)

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Prof. Leung (RLeung@brooklyn.cuny.edu)

- Fitness Professionals Advisor



Scan the QR code below for a brief Exercise Science Program orientation:

