PSYCHOLOGY MAJOR

JOB OUTLOOK

A degree in psychology helps prepare you for a wide variety of careers. Many of these careers are accessible with a bachelor’s degree. Other careers, for instance in therapy, require a specialized post-bachelor degree which your undergraduate degree in psychology will prepare you for.

Bachelor’s Degree

Students who graduate with their bachelor’s degree in psychology can enter the job market and work in a related field. Your B.A. or B.S. degree can be used for entry-level direct service jobs and entry-level positions across corporate, non-profit, and educational spaces.

A bachelor’s degree in psychology also prepares students for graduate study in master’s degree programs, doctoral programs (Ph.D., Psy.D., Ed.D.), medical school (M.D.) or law school (J.D.). If you are interested in graduate school, we suggest: doing research on the programs you are interested in, speaking with a faculty member, attending a graduate school workshop, visiting the Magner Center, and speaking with a Psychology Department Advisor.

Master’s Degree

A master’s degree (M.A., M.S., M.P.A., M.B.A., etc.) is the most common type of graduate degree. Master degree programs cover a wide array of specialties, and typically consist of one to two years of (full-time) study (more if part-time). A master’s degree can be used to work in higher-level organizational or programmatic jobs, be a clinician or therapist, and to take on higher levels of leadership in a variety of jobs.

Doctoral Degree

Doctoral degree program also cover a wide array of specialties. They are designed to expand student’s knowledge and understating of a specific subject area/field.

There are three types of doctoral degrees in psychology-related fields (Ph.D. or Psy.D., or Ed.D.). These degrees are needed if you would like to be a professor, work in a research institute, see clinical patients, or work in academia. Doctoral Graduates can also obtain employment in industries outside of academia.
BROOKLYN COLLEGE: ON CAMUPS CAREER RESOURCES

There are a number of resources on campus that will help you learn more about the career options for your major by attending their events and keeping up to date on the resources available to you.

Magner Career Center

The Magner Career Center1 (1303 James Hall; 718.951.5696) has a wealth of information on everything you need to get started in your career, help with resumes, an internships database, job fairs etc. They often host career events that may be of interest to you, which include Careers for Psychology Majors, Careers with Social Impact etc.

- Programs and Services
  - Career Counseling & Mock Interviews2
  - Resume & Cover Letter Review3
  - Company Visits
  - Finding Internships & Stipend Awards
  - Career Workshops and Panels4
  - Alumni Mentor Program & Job Shadowing5
  - Get matched with alumni that majored in Psychology at BC to learn about their experiences, get career advice and develop a professional relationship

- Students may contact the liaison to the School of Natural and Behavioral Sciences, Miriam Loyd (mloyd@brooklyn.cuny.edu) for more assistance.

Pre-Health Professions Office

The Pre-health Professions6 program is designed for students who wish to enter a professional school in the health sciences either upon graduation or once they complete the prerequisite requirements of the professional school. The Pre-health Professions Office (2231 Boylan Hall; 718.951.4706) provides a wide range of services, including advisement; pre-health program information; professional school application information; volunteer, research, and internship opportunities; and career resources. Pre-health Professions Handbook7.

Pre-law Professions

The Pre-law Program8 (3307 Boylan Hall; 718.951.5324) helps achievement-oriented students make informed decisions about pursuing a career in legal professions; assists them in assessing the academic, personal, and professional competencies and credentials they need to become successful applicants and students of the law schools they aspire to attend; and provides access to the academic and career advisement, resources, opportunities, and professional networks that will support them in clarifying and achieving their goals. Students interested in legal careers should contact Edwin Mathew, in the Magner Career Center, to have their name added to the list of pre-law students and to receive information about workshops and panels, LSAT preparation, and internships. Brooklyn College Pre-law Handbook9.

Study Abroad Programs

The Office of International Education & Global Engagement (1212 Boylan Hall; 718.951.5189; iege@brooklyn.cuny.edu) provides students with opportunities for studying abroad for a short term, semester, or year. Participating in a study abroad program helps strengthen your curriculum, provides global experience, expands your horizons and opportunities, allows you to learn or practice a foreign language, and earns credit towards your degree. Students may choose to participate in study abroad programs through Brooklyn College or other CUNY institutions. Visit the CUNY Online Directory of Study Abroad Programs10 for a full searchable database of CUNY programs that are available.

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1 http://www.brooklyn.cuny.edu/web/academics/centers/magner.php
2 http://www.brooklyn.cuny.edu/web/academics/centers/magner/students/counseling.php
3 http://www.brooklyn.cuny.edu/web/academics/centers/magner/students/review.php
4 http://www.brooklyn.cuny.edu/web/academics/centers/magner/students/workshops.php
5 http://www.brooklyn.cuny.edu/web/academics/centers/magner/students/mentor.php
6 http://www.brooklyn.cuny.edu/web/academics/special-programs/prehealth.php
8 http://www.brooklyn.cuny.edu/web/academics/special-programs/prelaw.php
10 https://www1.cuny.edu/sites/studyabroad/
PSYCHOLOGY DEPARTMENT RESOURCES

Psychology Department Research Opportunities
Visit the Psychology Department Research Page to learn about ongoing research in the Psychology Department. Reach out to faculty members, whose research interest you, to gain research experience. Students can participate in a research study, volunteer in a lab, or earn course credit while gaining research experience (PSYC 2001 – 4 or PSYC 5001-4).

Psychology Department Workshops Offered Every Semester:

○ Graduate Programs in Clinical Psychology
  Join Prof. Rona Miles to learn about various types of Clinical graduate programs including PhD & PsyD programs in Clinical Psychology, Social Work (MSW) and Mental Health Counseling (MHC), plus more.

○ How Can I Get Into Graduate School in Psychology?
  Find out how to make yourself a highly competitive candidate for graduate school admissions. Brooklyn College faculty and graduate students will discuss how you can best prepare for graduate study in psychology. Learn what steps you can take while completing your undergraduate studies to increase your chances of acceptance to graduate programs in various sub-disciplines of psychology (e.g. Clinical, Cognitive, Developmental, Health, Industrial/Organizational, Neuroscience, and Social/Personality).

Psychology Department social media pages:

- Twitter: twitter.com/bkcollegepsych
- Undergraduate Advising Twitter: twitter.com/BCPsycDept
- Instagram: instagram.com/bkcollegepsych/
- Facebook: facebook.com/BrooklynCollegePsychologyDepartment/

Where do BC Students/Alumni with a degree in psychology get hired for internships and full time employment?

Some employers that hire psychology majors for internships and full time jobs include:

- New York State Psychiatric Institute
- NYC Department of Corrections
- NYC Human Resources Administration
- New York Methodist Hospital
- Coney Island Hospital
- SUNY Downstate
- Memorial Sloan Kettering Cancer Center
- National Eating Disorders Association
- Arthur Ashe Institute for Urban Health
- Young Adult Institute (YAI)
- New York City 311
- NYC Administration for Children’s Services
- NYC Department of Education
- NYPD
- Kings County Hospital
- Maimonides Medical Center
- CUNY Research Foundation
- Johns Hopkins
- Mount Sinai
- Good Shepherd
- Jumpstart
- Brooklyn College Community Partnership (BCCP)

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11 http://www.brooklyn.cuny.edu/web/academics/schools/naturalsciences/undergraduate/psychology/research.php
PSYCHOLOGY DEPARTMENT GRADUATE PROGRAMS

Mental Health Counseling M.A. Program
The master’s degree in Mental Health Counseling (MHC) prepares students to work as mental health counselors within medical, community, and private practice settings. Through rigorous academic course work and clinical internship training, students learn to apply mental health approaches to contemporary practice, assessment, and treatment. In addition to the internship, students perform intake evaluations and psychotherapy at the college’s counseling center. The program focuses primarily on clinical work with adults and families.

Upon completion of the program, students are prepared for practice in varied settings and with diverse populations. The program is approved by the New York State Education Department and meets all NYSED standards. Graduates of the Brooklyn College MHC Program have attained entry level counseling positions in various mental health clinics and other settings. After 3,000 hours of supervised, post-degree experience you would be eligible to take an exam for licensure permitting private and independent practice of counseling.

Experimental Psychology M.A. Program
Experimental psychology uses scientific methods to improve our understanding of the mind, brain, and behavior. The Master’s Program in Experimental Psychology offers students an education in the foundations of psychological knowledge, the current state of the field, and training in research design and data analysis at an affordable cost. Students learn to ask and answer questions in the psychological sciences and have the opportunity for professional development and mentoring.

Industrial and Organizational Psychology M.A. Programs
Industrial and organizational (I/O) psychology is the scientific study of human cognition, motivation, emotion, behavior, and social interaction in work contexts, and the application of this research to help solve practical problems in organizations. The goal of industrial and organizational psychology is to promote the improvement of working conditions in organizations while at the same time ascertaining and improving organizational performance. I/O psychologists can improve hiring practices, develop training programs, and conduct such training, and they can conduct research to help solve organizational problems. They work in human resource departments and in research departments, or as internal or external consultants. The U.S. Bureau of Labor Statistics has named I/O psychology one of the fastest-growing occupations in the nation for the years 2012–22. In 2015, President Obama issued an executive order in support of applied psychology.

I/O Group Processes and Organizational Behavior M.A.
The Group Processes and Organizational Behavior program prepares the student for entry-level analyst and associate positions in firms or departments that offer services in areas such as organizational development, talent management, change management, organizational learning, or research and data analysis. It shares a common core of five courses with other concentrations in industrial and organizational psychology, but places additional emphasis on theory, research, and practice at the level of social structures within organizations, such as organizational development, organizational effectiveness, group processes, team performance, culture, and leadership.

I/O Personnel and Human Resources M.A.
The Personnel and Human Resources program prepares the student for entry-level analyst and associate positions in the areas of personnel and human resources in organizations. It shares a common core of five courses with other concentrations in industrial and organizational psychology, but places additional emphasis on theory, research, and practice in areas such as human resource management, job analysis, recruitment, selection, training, compensation, retention, and outplacement.

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12 http://www.brooklyn.cuny.edu/web/academics/schools/naturalsciences/graduate/psychology/mental_health_counseling.php
13 http://www.brooklyn.cuny.edu/web/academics/schools/naturalsciences/graduate/psychology/experimental.php
14 http://www.brooklyn.cuny.edu/web/academics/schools/naturalsciences/graduate/psychology/industrial-and-organizational-psychology.php
15 http://www.bls.gov/ooh/fastest-growing.htm
16 http://www.siop.org/article_view.aspx?article=1438
17 http://www.brooklyn.cuny.edu/web/academics/schools/naturalsciences/graduate/psychology/industrial-and-organizational-psychology/io-organizational.php
18 http://www.brooklyn.cuny.edu/web/academics/schools/naturalsciences/graduate/psychology/industrial-and-organizational-psychology/io-personnel.php
ONLINE CAREER EXPLORATION RESOURCES

To learn about all of the various possible careers for someone with a bachelor's degree in psychology or who plans to continue onto graduate school check, out these resources:

View the LinkedIn profiles of over 5000 Brooklyn College alumni who graduated with a degree in Psychology. You can filter further based on employer, class year etc.

Career guides and articles that share information on the various career options:

- American Psychological Association
  - Own Your Psychology Major! 10 pointers for psychology students.
  - Careers in Psychology Guide
  - What can you do with a bachelor's degree in psychology?
  - Individual Development Plan – map out how to get the proper experience and training for your career.
  - How to find a job with an undergraduate degree in psychology?

- Psychology Degrees: Psychology Career Guide

- Learn Psychology: A guide to Careers in Psychology

- Careers In Psychology
  - Learn Everything You Need to Know About Psychology Careers
  - The 50+ Best Jobs For Psychologists

- Vault provides advice on interviews, resumes, cover letters, and more. Vault Guides allows you to explore careers in various industries.

- O*NET provides job specific information, including job descriptions, detailed work activities and tasks, required knowledge, skills, and abilities, and more.

- Mynextmove.org provides a tool to seek out careers that match with your fundamental skills and interests, as well as specific job information, educational requirements, and more.

- Career One Stop and My Skills My Future provide helpful career-related information from the American Job Center.

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20 https://www.apa.org/careers/index
22 https://www.apa.org/pubs/books/4313041
23 https://www.apa.org/careers/resources/guides/careers
25 https://www.apa.org/education/grad/individual-development-plan
27 https://www.apa.org/pubs/books/4313053
28 https://www.psychologydegrees.org/careers
29 https://www.learnpsychology.org/psychology/
30 https://careersinpsychology.org/
31 https://careersinpsychology.org/psychology-careers/
32 https://careersinpsychology.org/50-best-jobs-psychologists/
33 http://access.vault.com/
34 http://access.vault.com/vault-guide.aspx
35 https://www.onetonline.org/
36 https://www.mynextmove.org/
37 https://www.careeronestop.org/
38 https://www.myskillsmyfuture.org/
STUDENT OPPORTUNITIES

Research Opportunities
Visit the Psychology Department Research Page\(^39\) to learn about our faculty and their areas of expertise and research.
Ψ Attend conferences, such as Science Day.
Ψ Volunteer or receive credit for doing research in psychology (PSYC 2001-4).
Ψ Work with faculty members on various research projects.
Ψ Complete an undergraduate honors thesis (PSYC 5001-4).

Fieldwork Opportunities
Great for students interested in exploring and preparing for jobs and graduate study in clinical psychology, school psychology, education, social work, and medical professions.
Ψ Participate in fieldwork and internships for credit (PSYC 2091/4210/4800/5011-14)
Ψ Learn and serve in a wide range of settings working with a variety of populations.
Ψ Engage in trainings, seminars, reading, and journal keeping.

Scholarships and Awards Office
Brooklyn College offers more than 600 scholarships, awards, and prizes\(^40\) each year to undergraduate and graduate students. Well over $1 million is available to support the education of qualified students. If you wish to apply for undergraduate scholarships and awards, fill out the online application\(^41\) and file a FAFSA by February 14. For more information visit the Scholarship and Awards Office (213 West Quad Center; 718.951.4796; scholarship@brooklyn.cuny.edu).

Psychology Club
The Psychology Club informs students about the different fields of psychology, and about different aspects of graduate school in psychology.
Ψ twitter.com/BCPsychClub_
Ψ instagram.com/bcpsychologyclub
Ψ facebook.com/BrooklynPsychologyClub

Brooklyn College Community Partnership (BCCP)
BCCP\(^42\) offers afterschool programs to engage young people in Brooklyn through arts, STEM, and recreational activities and technology to and support their academic and personal development. BCCP connects Brooklyn youth to college students and faculty who serve as educators and mentors.

The Bulldog Connection
The Bulldog Connection\(^43\) is a place to discover unique opportunities at Brooklyn College. Find and join organizations and view event

CUNY Meetups
CUNY Meetups\(^44\) host various events throughout the semester open to all CUNY students and alumni. Meet up groups that may be of interest include LifeSci, Civic to name a few.

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\(^39\) http://www.brooklyn.cuny.edu/web/academics/schools/naturalsciences/undergraduate/psychology/research.php
\(^40\) http://www.brooklyn.cuny.edu/web/about/offices/scholarships.php
\(^41\) http://www.brooklyn.cuny.edu/web/about/offices/scholarships/apply.php
\(^42\) http://welcometobccp.org/
\(^43\) https://cunybrooklyn.campuslabs.com/engage/
\(^44\) https://www.meetup.com/pro/cuny-meetup
National Science Foundation (NSF) Research Experiences for Undergraduates (REU)
The Brooklyn College NSF REU45 program provides students the opportunity to immerse in rich and innovative mentored research experiences in psychology and neuroscience. bcreu.tumblr.com

Neuroscience Group
The Undergraduate Neuroscience Group46 provides opportunities for involvement in neuroscience education, research, and experience, including seminars and colloquiums through course offerings in the Psychology and Biology Departments.

Maximizing Access to Research Careers (MARC)
MARC47 is an honors program that offers faculty mentoring, research experience, and an annual stipend of $12,000 to academically gifted undergraduate students from underrepresented groups who are interested in entering graduate programs leading to research careers in the biomedical sciences.

Peer Assisted Team Research (PATR)
PATR48 provides undergraduate students the opportunity to participate in a rotation of interdisciplinary research modules at Brooklyn College. Students gain experience in designing and carrying out research plans, analyzing data and drawing conclusions, while exposing themselves to new fields of science. The seminars offer students wider parameters and more freedom in experiment design.

Collegiate Science and Technology Entry Program (CSTEP)
CSTEP49 aims to increase the number of historically underrepresented students who enroll in and complete undergraduate programs that lead to professional license in accounting, law, medicine, and nutrition, and other careers in mathematics, science, technology, and health-related fields.

New York City Louis Stokes Alliance for Minority Participation (NYC-LSAMP)
NYC-LSAMP50 is a CUNY-wide initiative that aims to ensure a long-term capacity to produce a greater number of underrepresented groups in STEM careers.

Honors Academy
The Honors Academy51 is a group of distinct advanced-level programs: Coordinated B.A.-M.D. Program, Coordinated Engineering Honors Program, Macaulay Honors College, Mellon Mays Undergraduate Fellowship, and the Scholars Program. The MARC program, mentioned above, is also part of the Honors Academy.

Psi Chi
Psi Chi is the International Honor Society for psychology majors. Psi Chi offers career guidance, grants and awards, research and networking opportunities, and more. Eligible undergraduate students majoring or minoring in Psychology may apply52 to become a lifetime member. The Brooklyn College chapter application form can be found in the Psychology Department office.

45 http://www.brooklyn.cuny.edu/web/academics/schools/naturalsciences/undergraduate/psychology/researchreu.php
46 http://www.brooklyn.cuny.edu/web/academics/schools/naturalsciences/undergraduate/psychology/students/neuroscience.php
47 http://www.brooklyn.cuny.edu/web/academics/centers/case/programs/marc.php
48 http://www.brooklyn.cuny.edu/web/academics/centers/case/programs/patr.php
49 http://www.brooklyn.cuny.edu/web/academics/centers/case/programs/cstep.php
50 http://www.brooklyn.cuny.edu/web/academics/centers/case/programs/lsamp.php
51 http://www.brooklyn.cuny.edu/web/academics/centers/case/programs/academy.php
52 https://www.psichi.org/page/become_member
<table>
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<tr>
<th>1ST YEAR</th>
<th>2ND YEAR</th>
<th>3RD YEAR</th>
<th>4TH OR FINAL YEAR</th>
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<tbody>
<tr>
<td><strong>GET EXPERIENCE</strong></td>
<td><strong>SEEK FUNDING SUPPORT</strong></td>
<td><strong>GET READY FOR LIFE AFTER GRADUATION</strong></td>
<td><strong>GET CONNECTED</strong></td>
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<tr>
<td>Take a variety of introductory courses to keep your options as open as possible.</td>
<td>Consider taking PSYC 2090/2091/4210.</td>
<td>Research educational requirements for careers that may interest you.</td>
<td>LinkedIn to Your Career: The Magner Career Center can help you build your LinkedIn Account.</td>
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<td>Consider getting research experience with PSYC 2001/2002/2003/2004.</td>
<td>Meet with an academic advisor to ensure that you are on track for meeting the college requirements.</td>
<td>Visit the Magner Center to learn more about their services.</td>
<td>Join and take part in clubs and organizations on campus such as the Psychology Club. See the Bulldog Connection for a complete list of clubs and organizations.</td>
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<td>Consider taking part in the Psychology Club, BCCP, Undergraduate Neuroscience Group, NYC LSAMP, MARC, Honors Academy, and CSTEP (see page 6 &amp; 7).</td>
<td>Meet with a Psychology Department Advisor to talk about the Psychology Major requirements in relation to your student record and future career goals.</td>
<td>Thinking about graduate school? Look for ways to fund your graduate degree:</td>
<td>Network with professors as you will need letters of recommendation for graduate school.</td>
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<td><strong>Most scholarships and fellowships are very competitive. Multiple applications are encouraged.</strong></td>
<td>Volunteer in a PSYC Research Lab.</td>
<td>o APA Fellowships for future clinicians intending to serve underserved communities: <a href="https://www.apa.org/pi/mfp/psychology">https://www.apa.org/pi/mfp/psychology</a></td>
<td>Attend workshops and training sessions offered to through:</td>
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<tr>
<td><strong>GET EXPERIENCE</strong></td>
<td>Consider taking two PSYC 5000-level Independent Research/Fieldwork courses to become eligible to graduate with Departmental Honors in Psychology.</td>
<td>o Fully-funded Ph.D. programs (tuition and living stipend provided to accepted students): <a href="https://www.profellow.com/">https://www.profellow.com/</a></td>
<td>o Personal Counseling -&gt; Academic Achievement, Assertiveness, Families of Alcoholics, Procrastination, Self-Growth, Stress Reduction, Test Anxiety and Time Management.</td>
</tr>
<tr>
<td>Volunteer on or off campus with different community organizations.</td>
<td>Consider applying for NSF REU, Psi Chi, and/or other programs (see page 6 &amp; 7).</td>
<td>o National psychology scholarships and fellowships <a href="https://www.apa.org/about/awards/">https://www.apa.org/about/awards/</a></td>
<td>Learn about and apply for internships and/or Study Abroad Programs.</td>
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<td>Learn about and apply for internships and/or Study Abroad Programs.</td>
<td><strong>Thinking about graduate school?</strong></td>
<td><strong>ATTEND INFORMATION SESSIONS HELD BY THE PSYCHOLOGY DEPARTMENT ON APPLYING TO GRADUATE SCHOOL PROGRAMS IN PSYCHOLOGY.</strong></td>
<td>Weekly Computer Workshops, and other Technology and Software Workshops (including Excel, Adobe Photoshop, etc.)</td>
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<tr>
<td><strong>LinkedIn</strong> to Your Career: The Magner Career Center can help you build your LinkedIn Account.</td>
<td>Start focusing on areas of interest: Visit the Magner Center</td>
<td><strong>Apply to graduate programs:</strong></td>
<td>o <a href="https://www.nasa.gov/education/grad/applying">https://www.nasa.gov/education/grad/applying</a></td>
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<td>o <a href="http://mitch.web.unc.edu/files/2017/02/MitchGradSchoolAdvice.pdf">http://mitch.web.unc.edu/files/2017/02/MitchGradSchoolAdvice.pdf</a></td>
<td>o <a href="https://www.prepscholar.com/gre/blog/khan-academy-gre/">https://www.prepscholar.com/gre/blog/khan-academy-gre/</a></td>
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<td>Network with professors as you will need letters of recommendation for graduate school.</td>
<td>Research graduate programs and their educational requirements.</td>
<td><strong>ATTEND INFORMATION SESSIONS HELD BY THE PSYCHOLOGY DEPARTMENT ON APPLYING TO GRADUATE SCHOOL PROGRAMS IN PSYCHOLOGY.</strong></td>
<td>o Research and practice the Graduate Record Examination (GRE). Consider a test preparation strategy: <a href="https://www.prepscholar.com/gre/blog/khan-academy-gre/">https://www.prepscholar.com/gre/blog/khan-academy-gre/</a></td>
</tr>
<tr>
<td>Attend workshops and training sessions offered to through:</td>
<td>Which have faculty doing research or clinical work that interests you?</td>
<td><strong>Apply to graduate programs:</strong></td>
<td>o <a href="https://www.nasa.gov/education/grad/applying">https://www.nasa.gov/education/grad/applying</a></td>
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<td>o <strong>Magner Center</strong> -&gt; Job Search 101 (resume, job search, and interview skills), Building Professional Relationships: Mentors and Networking.</td>
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