

**INSURANCE REQUIREMENTS**

According to J-1 regulation 22 CFR 62.14(a), all students, scholars, and their J-2 dependents are required to have health insurance that meets Department Of State requirements. These insurance requirements set for the by DOS are as follows:

1. Major medical benefits must be at least \$100,000 for each accidental illness.
2. Repatriation benefit must be at least \$25,000.
3. Medical evacuation must be covered for at least \$50,000.
4. The deductible for each accident or illness may not exceed \$500.
5. Policy may not unreasonably exclude coverage for perils inherent to the activities of the exchange program.

I, \_\_\_\_\_ agree that I am/will be in compliance with the  
(print first name) (print last name)

insurance regulations as specified in 22 CFR section 62.14(a) of the exchange regulations, and I understand that it is my responsibility to maintain my status and continue health insurance coverage for myself and J-2 dependents for the duration of my J-1 program. I also understand that if I willfully fail to maintain this coverage, I will be in violation of my J-1 status.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date