

Boylan Hall Cafe Menu

Week Of: Sept. 28 - Oct. 2, 2015

Monday

Hale & Hearty Soups:
Entrée 1
Entrée 2
Entrée 3
Side Dishes

Chicken Noodle, Ten Vegetable
Baked Cheese Ravioli (vegetarian)
BBQ Spare Ribs
Crunchy Panko Crusted Fried Cod Fillet
Rice, Baked Potato, Roasted Cauliflower & Baby Carrots,
Collard Greens

Tuesday

Hale & Hearty Soups
Entrée 1
Entrée 2
Entrée 3
Side Dishes

Beef Barley, Cream of Broccoli
Roasted Turkey Breast with giblet gravy
Quinoa Stuffed Bell Pepper (vegetarian)
Basa Fillet Almondine
Stuffing/gravy, Mashed Potatoes, Seasoned Green Beans, Roasted
Butternut Squash

Wednesday

Hale & Hearty Soups
Entrée 1
Entrée 2
Entrée 3
Side Dishes

Chicken Vegetable, Potato Leek
Escoviche Style Tilapia
Fresh Vegetable Frittata (vegetarian)
Roasted Chicken w/ Lemon - Basil Marinade
Red Beans & Rice, Plantains, Spinach w/ garlic,
Fresh Vegetable Medley

Thursday

Hale & Hearty Soups
Entrée 1
Entrée 2
Entrée 3
Side Dishes

Cream of Tomato w/ Chicken & Orzo, Tuscan White Bean & Spinach
Baked Macaroni & Cheese
Tofu Keema (vegan)
Turkey Meatloaf w/ Marsala Wine Sauce & Mushrooms
Mashed Potatoes, Brown Rice, Fresh Broccoli, Mexican Corn

Friday

Hale & Hearty Soups
Entrée 1
Entrée 2
Side Dishes

Minestrone
Eggplant Parmigiana (vegetarian)
Fried Chicken
Garlic Potato Wedges, Fresh Veg. Medley



Hot Entrées

City Cafe
BAKERY

