

Boylan Hall Cafe Menu

Week Of: December 8 - 12, 2014

Monday

Hale & Hearty Soups:
Entrée 1
Entrée 2
Healthy Choice Entrée
Side Dishes

Classic Minestrone, Ginger, Carrot, Artichoke
Chicken Parmigiana
Italian Sausage w/ Peppers & Onions
Zucchini - Red Pepper - Onion Frittata
Rice, Pasta Marinara, Sauteed Fresh Kale, Baby Carrots

Tuesday

Hale & Hearty Soups
Entrée 1
Entrée 2
Healthy Choice Entrée
Side Dishes

Tomato Basil with Rice, Ten Vegetable
Spicy Chicken Tenders w/ Dipping Sauce
****Pasta Station** - Assorted Fresh Vegetable, Turkey Meat Sauce
Basa Fillet - Baked Mediterranean Style
Brown Rice, Baked Potato, Broccoli Florettes,
Fresh Vegetable Medley

Wednesday

Hale & Hearty Soups
Entrée 1
Entrée 2
Entrée 3
Side Dishes

Chicken Vegetable, Split Green Pea
Jerk Chicken
Baked Macaroni & Cheese
Salmon Croquettes
Sweet Plantains, Rice & Beans, Spinach, Cabbage & Carrots

Thursday

Hale & Hearty Soups
Entrée 1
Entrée 2
Healthy Choice Entrée
Side Dishes

Chicken Noodle, Wild Mushroom Barley
*Carved Honey Mustard Glazed Ham
Seafood Stuffed Fillet of Sole
Penne a la Vodka
Fingerling Potatoes, Brown Rice, Seasoned Green Beans,
Roasted Butternut Squash

Friday

Hale & Hearty Soups
Entrée 1
Entrée 2
Side Dishes

Tuscan White Bean w/ Spinach, Vegetable Noodle
Baked Ziti with Ricotta
Roasted Chicken Quarter w/ Lemon & Herbs
Garlic Potato Wedges, Fresh Veg. Medley



Hot Entrées

City Cafe
BAKERY

