

# HEALTH & WELLNESS SERVICES

at Brooklyn College

brooklyn.cuny.edu/health-and-wellness





The **Division of Student Affairs** offers this convenient guide to health and wellness services at Brooklyn College to assist you during your academic career. All services are free of charge for currently enrolled students.

Our office is located at 2113 Boylan Hall, online at **brooklyn.cuny.edu/studentaffairs**, or via phone at **718.951.5352**.

# THE BROOKLYN COLLEGE CARROLL AND MILTON PETRIE STUDENT EMERGENCY GRANT FUND

The Carroll and Milton Petrie Student Emergency Grant Fund was created to provide quick-response, emergency grants to students in good standing with short-term, non-recurring financial emergencies to enable them to remain in school rather than being forced to take a leave of absence or drop out. To ensure that the greatest number of students in need get assistance, recipients may receive only one grant during their tenure at Brooklyn College. Preference will be given to first-time, degree-seeking students. The maximum award is \$1,500, and all grant requests will require documentation.

#### **EXAMPLES OF EMERGENCIES**

Examples of emergencies to be considered include, but are not limited to:

- imminent documented eviction
- documented theft of books and other essential academic belongings
- required uninsured medical treatment and/or follow-up

#### **ELIGIBILITY REQUIREMENTS**

Students who can demonstrate need and are facing a current unexpected emergency may apply for the grant. The applicant must:

- be matriculated with a minimum GPA of 2.00 for undergraduates or 3.00 for graduate students
- have a good record of conduct
- have paid tuition to Brooklyn College

**Note:** Petrie grants will not be given for tuition costs, college debts, or legal representation.

Applications are available in the Student Affairs office and can be downloaded at brooklyn.cuny.edu/studentaffairs.

## BROOKLYN COLLEGE HEALTH CLINIC

The Brooklyn College Health Clinic offers students a broad range of free, confidential primary care and urgent care services.

### For More Information:

Roosevelt Hall Room 114 718.951.5580 Located in 114 Roosevelt, the Health Clinic is open Mondays, Tuesdays and Thursdays from 10 a.m.-6 p.m. and Wednesdays from 10 a.m. -7 p.m.

Services include:

- Evaluation and treatment for illnesses, injuries and other medical conditions;
- Well check-ups/pre-participation physical exams;
- STD and HIV screening;
- Gynecological care;
- Birth control, including emergency contraception;
- Immunizations;

- Psychiatric evaluation and treatment;
- Social service referrals;
- Laboratory testing;
- Nutrition counseling;
- Prescription and non-prescription items

### STUDENT SUPPORT AND CASE MANAGEMENT

The case manager helps students navigate and access needed resources.

### For More Information:

Student Center Room 312 718-951-5000, x3936 These may include emergency housing, eviction prevention, food supplementation, health care, health insurance, and program referrals for domestic violence, substance abuse, and other social services.

# EMERGENCY MEDICAL SQUAD (EMS)

The Brooklyn College Emergency Medical Squad (BC-EMS) consists of highly dedicated student

#### For More Information:

Ingersoll Hall Extension Room 021 (basement level) 718.951.5859 or 5850 Emergency Phone: 718.951.5858 volunteers who are trained and certified as emergency medical technicians to provide emergency medical services, including ambulance service, for the campus and the surrounding

community. EMS operates whenever classes are in session and is available upon request for standby service for campus events.

# HEALTH PROGRAMS/IMMUNIZATION REQUIREMENTS OFFICE

The Health Programs / Immunization Requirements Office ensures that students are in compliance with

### For More Information:

James Hall Room 0710 718.951.4505 immunization regulation as stipulated in public health laws and will provide advocacy, education, communications, materials, workshops, and related culturally competent practices to enhance and advance

the health and wellness of students. The office is responsible for immunization processing, health fairs, seminars, blood drives, and inviting public health insurance providers to the campus.

#### **NUTRITION CLINIC**

Offered in collaboration with the Department of Health and Nutrition Sciences and the Health Clinic, the Nutrition Clinic offers Brooklyn College students

### For More Information:

Ingersoll Hall Extension Room 326 718.951.5580 free consultation by a registered dietitian, including:

- Counseling
- Body composition
- Assessment
- Diet analysis

#### **FOOD PANTRY**

The Brooklyn College Food Pantry offers healthy non-perishable food selections to currently enrolled

### For More Information:

Student Center Room 524 718.951.5059 Brooklyn College students who may be experiencing hunger, so that they can focus on their academic studies. All application information will be kept confidential. Services are free of charge and by appointment only.

## BROOKLYN COLLEGE COMMUNITY GARDEN

The Brooklyn College Garden is a verdant green space on the western edge of the campus where the college and neighboring community come together to learn about sustainable garden practices for urban environments,

### For More Information:

718.951.5610 bcgarden@ brooklyn.cuny.edu share gardening experiences, and promote a healthy and active lifestyle, all while fostering a sense of community.

Members grow fruit, flowers, herbs, and vegetables in

individual and shared plots. Through its practices, the garden offers a model for many aspects of urban sustainability, such as composting and irrigation. The Brooklyn College Garden's aim is to create and nurture a community of novice and experienced gardeners with a strong focus on education.

#### **FARM SHARE**

In an effort to make fresh, high quality, locally grown produce more readily available to the campus community, Brooklyn College offers a farm-share

#### For More Information:

email sustainability@ brooklyn.cuny.edu or visit brooklyn.cuny.edu/ campussustainability program through the Corbin Hill Food Project. Coordinated by students from the Campus Urban Sustainability program, farm share subscriptions are distributed on

campus on a weekly basis. Small and large shares are available at affordable prices, as well as discounted prices for those who pay with EBT/SNAP.

Volunteer opportunities are available.

# CENTER FOR STUDENT DISABILITY SERVICES

The Center for Student Disability Services (CSDS) is committed to ensuring that students with disabilities enjoy an equal opportunity to participate in the

### For More Information:

Roosevelt Hall Room 138 718.951.5538 classrooms, programs, and services that the college has to offer by facilitating the necessary accommodations. According to the Americans with Disabilities Act, no otherwise qualified person with a disability shall

be denied a benefit or opportunity or be excluded from participation solely on the basis of that disability.

# THE COLLABORATIVE AUTISM SPECTRUM PROGRAM

#### For More Information:

Center for Student Disability Services Roosevelt Hall Room 138 718.951.5538 CASP@brooklyn. cuny.edu The Collaborative Autism Spectrum Program (CASP) at Brooklyn College is a team-based support service designed to promote the academic and social success of undergraduate students on the spectrum.

#### **RECREATION CENTER**

The Brooklyn College Recreation and Intramurals

### For More Information:

West Quad Building 718.951.5366 Program is a great way to participate in sports and meet new friends. Our recreation facilities include a swimming pool; fitness center; basketball, handball, and volleyball courts; running track; tennis courts; and more.

#### **PERSONAL COUNSELING**

Personal counseling is available to Brooklyn College undergraduate and graduate students. Psychologists,

#### **For More Information:**

James Hall,
Room 0203
718.951.5363
BCPersonalCounseling
@gmail.com

counselors, and social workers are available to assist students with personal issues or problems they may experience during their academic years.

Emergency consultations

and referrals to outside services are also provided.

Workshops are offered on stress management, time management, test anxiety, etc.

All services are free and confidential. No information is released without the consent of the student. Appointments for services may be made in person or by phone.

# DRD SPEECH LANGUAGE HEARING CENTER

The Diana Rogovin Davidow Speech-Language Hearing Center (DRDSLHC) primarily serves as a site for experiential learning for Brooklyn College undergraduate students, and for students from our accredited Master's Program in Speech-Language Pathology and the

#### **For More Information:**

Boylan Hall Room 4400 718.951.5186 slhcenter@brooklyn. cuny.edu accredited CUNY Doctoral (Au.D.) Program in Audiology. The center serves individuals of all ages, including students from Brooklyn College and members of the surrounding communities. Beyond

providing direct services, the DRDSLHC additionally serves as a resource to the community for healthy hearing and speech/language initiatives.

## VOLUNTEER INCOME TAX ASSISTANCE CENTER

Volunteer Income Tax Assistance (VITA) is an IRS-sponsored program that was established in 1969. VITA is a free tax-preparation program that is offered to low- to moderate-income persons with disabilities and elderly members of the community who most need tax assistance and cannot afford the services of a paid preparer.

The Brooklyn College VITA program will launch the income tax preparation season on February 7, and will continue through April 15. No appointments are

#### For More Information:

Brooklyn College West End Building\* Wednesdays and Thursdays, 9 a.m.–6 p.m.

\* Service begins on February 7.
This location is exclusively for
Brooklyn College students,
alumni, faculty, and staff.

necessary. The services, which include e-filing and direct deposit, are provided free of charge at various site locations across Brooklyn. All tax preparers are trained in tax law and are certified by the IRS. This is 100 percent volunteer work

as mandated by the IRS, so payment is neither required nor permitted.

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